



COACH 2 - MENTOR TASK SHEET

Mentors must be an Active/Current English Coach 2 or higher and be approved by the Provincial Equestrian office.

Dear Mentor,

Thank you for further supporting the Coaching System by guiding the development of

(candidate's name)

We ask that you fill in the following checklist upon completion of their skill development with you.

By signing your name to this document, you are declaring that you have mentored and guided this candidate and that in your opinion, he/she is now prepared to successfully complete the Practical Assessment. Please keep in mind that the Mentored hours is a minimum guideline.

Depending on experience, some candidates may require further mentoring in order to be able to coach to the required standard.

Please initial areas that you have covered with candidate:

_____ 10 HOURS AUDITING LESSONS

_____ 10 HOURS PRACTICE COACHING

_____ SAFETY (awareness, managing training environment, ability to multi-task, ability to be multi visionary, ensuring the suitability of tasks)

_____ COMMUNICATION (rapport with students, listening skills, clear communication of thoughts for ages and abilities, voice projection, motivation and enthusiasm, questioning skills)

_____ PROFESSIONALISM (displays appropriate coaching behaviours and attitudes, empathy, respect, sincerity, etc.)

_____ ORGANIZATION (time management and punctuality, lesson planning-pre-lesson, delivery and reflection, sequential skill development)

_____ KNOWLEDGE (technical knowledge - aids, etc., identifying goals-small and large, flexibility to meet individual needs)

_____ STABLE MANAGEMENT (anatomy, conformation & unsoundness, feeding, safety (barn & stable), stable construction, shoeing, tack, equipment & fitting, conditioning, preventative care, business management principles, travelling & trailering, teeth & aging, etc.)

_____ BANDAGING (stable, shipping, tail, first-aid, exercise/polo)

_____ LUNGING (exercise for horse)

_____ LUNGING (training the horse, improving horse's way of going)

Mentor Name: _____ EC #: _____

Signature: _____ Date: _____



ENGLISH COACHING PROGRAM

COACH 2 - MENTOR CONTRACT

Dear Mentor:

Your name has been submitted as a Mentor for: _____ for the English Coach 2 certificate.
(candidate's name)

Please take the time to thoroughly read this form through.

Your role as a mentor in the certification process is crucial to this candidate's success. The mentoring concept was brought into the English Coaching Program several years ago and in fact has been put forward as a desirable concept by the Coaching Association of Canada for all sports.

The word 'mentor' is generally defined as a wise, loyal advisor, a teacher, and a coach. Mentors have the power to shape character, mould lives; not only of their own students, but also of others who also teach. It is not an easy task for those who decide to live up to the name of mentor. The CAC mentorship program states: "the role of a mentor is to provide experiences and reflection opportunities that complement coaching training and certification". Therefore, your role is to prepare this candidate by acting as his/her role model and advising him/her in all areas of knowledge and conduct so he/she may become a role model for our sport. As a mentor, you will allow the candidate to observe your lessons, promote discussion and obtain feedback from the candidate. The candidate will also complete lesson plans and in turn, teach in your presence so you may provide critiques and suggestions for his/her improvement.

By signing your name to this document, you are declaring that you have mentored and guided the candidate and that he/she is now prepared to successfully complete the evaluation and examination. We recognize the responsibility you have undertaken and commend you.

**"It is my opinion that _____ has performed these teaching
(candidate's name)
tasks and has either met or exceeded the standard required to successfully undertake the practical teaching assessment."**

Mentor Name: _____ EC #: _____

Mentor's Signature: _____ Date: _____



COACHING BEHAVIOUR PROFILE

Rating: 1 - need improvement

2 - good

3 - very good

<p>SAFETY</p> <p>1 2 3</p>	<ul style="list-style-type: none"> • Awareness • Manages training environment • Ability to multi-task • Ability to be multi-visionary • Suitability of tasks
<p>COMMUNICATION</p> <p>1 2 3</p>	<ul style="list-style-type: none"> • Rapport with students • Listening skills • Clear communication of thoughts for ages and abilities • Voice projection • Motivation and enthusiasm • Questioning skills
<p>PROFESSIONALISM</p> <p>1 2 3</p>	<ul style="list-style-type: none"> • Displays appropriate coaching behaviours and attitudes (empathy, sincerity, respect, etc.) • With-it-ness
<p>ORGANIZATION</p> <p>1 2 3</p>	<ul style="list-style-type: none"> • Time management and punctuality • Lesson planning (pre-lesson, delivery and reflection) • Sequential skill development
<p>KNOWLEDGE</p> <p>1 2 3</p>	<ul style="list-style-type: none"> • Technical knowledge (essential learning, aids, etc.) • Identified goals for practice session (large and small) • Flexibility in meeting individual needs

Candidate Name: _____

Mentor Name: _____

Mentor Signature: _____ Date: _____

EQUINE  HIPPIQUE
CANADA
COACH 2 - MENTOR PROGRAM

LUNGING ASSESSMENT FORM

LUNGING FOR TRAINING	+/- 20 MINUTES
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Equipment	
Safety	
Technique	
Suitable Exercises	
Ability to improve horse's way of going	
Effectiveness	
TOTAL	

Additional Comments:

Candidate Name: _____

Mentor Name: _____

Mentor Signature: _____ Date: _____



**COACH 2 - MENTOR PROGRAM
COACHING ASSESSMENT FORM**

COACHING A STUDENT-TOPIC:

+/- 20 MINUTES

Safety	
Lesson Plan & Structure	
Technical Content	
Message Transfer	
Voice Projection	
Ability to recognize problems & faults	
Ability to improve rider & horse	
Use of Teaching Aids	
Enthusiasm & Rapport with Student	

CORRECTION OF A PROBLEM WITH STUDENT AND/OR HORSE

+/- 20 MINUTES

Voice	
Enthusiasm	
Message Transfer	
Techniques Used	
Effectiveness	

Additional Comments:

Candidate Name: _____ Mentor Name: _____

Mentor Signature: _____ Date: _____